

Ohio State University Extension Internship Program Intern Work Plan – June 3 to August 9, 2019

1. **Location/County:** Champaign County
2. **Supervisor of Intern:** Amanda Douridas
3. **Supervisor email address:** douridas.9@osu.edu
4. **Identify the program and impact area(s) that will be the major focus of the intern.**

Impact Area(s) – check a maximum of two

- Health and Wellness
 Workforce Development
 Thriving Across the Life Span
 Sustainable Food Systems
 Engaged Ohioans, Vibrant Communities
 Environmental Quality

Program Area(s) – check all that apply

- Agriculture and Natural Resources
 Community Development
 Family and Consumer Sciences
 4-H Youth Development

5. **Identify the impact area-related activities/projects/products that it is anticipated the intern will complete during the internship.**

This is the first year the Master Gardener Volunteers (MGVs) will take over the community gardens in Urbana. The intern will help the MGVs revamp the garden area and assist with programming centered around the gardens. The intern will also develop a marketing package that the MGVs can use to promote their program. Champaign County currently only has 5 MGVs and desperately needs to recruit new members. This project will help grow an important piece of Extension in the county. These project falls under impact areas: Health and Wellness; Thriving Across the Lifespan; Sustainable Food Systems; and Engaged Ohioans, Vibrant Communities.

Champaign County Extension is starting a Bike 4Health Initiative that the intern will help develop. This will involve program planning, advertising and educational material development. The intern will help deliver the program at various county events such as



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farmers markets and the county fair. Impact areas covered include Health and Wellness; Thriving Across the Lifespan; Engaged Ohioans, Vibrant Communities and Environmental Quality.

6. List a minimum of six activities in which the intern will participate. These activities and meetings should be within the impact areas, across program areas and/or with the community or other professionals.

1. On-farm research
2. Precision Ag Day
3. Champaign County Fair
4. Assist the Master Gardener program with workshops and the community garden.
5. 4-H Camp
6. We are in the process of hiring an FCS educator so the intern will help with him/her with activities as well

7. Briefly describe the length of experience of the educator who will mentor the intern and/or the experience of the supervising educator/county team members. Our goal is to ensure the intern has a meaningful educational experience in which the intern learns the value and contribution of the Extension system and the impacts we produce for our clientele.

Amanda Douridas has hosted 4 ACREs interns over the past 4 years. I have experience in managing the workload of an intern and exposing them to different aspects of Extension. Throughout the season, I follow-up with each intern to ensure they are getting the experience they desire. If there is something they are particularly interested in, I make arrangements for them to experience it if possible. This intern will be encouraged to teach at programs where appropriate and help across all program areas.