Ohio State University Extension Internship Program
Intern Work Plan – June 3 to August 9, 2019

1. Location/County: Pickaway County

2. Supervisor of Intern: Michelle Treber and Joy Sharp

3. Supervisor email address: treber.1@osu.edu and sharp.5@osu.edu

4. Identify the program and impact area(s) that will be the major focus of the intern.
   Impact Area(s) – check a maximum of two
   ___X__ Health and Wellness
   ___X__ Workforce Development
   _____ Thriving Across the Life Span
   _____ Sustainable Food Systems
   _____ Engaged Ohioans, Vibrant Communities
   _____ Environmental Quality

   Program Area(s) – check all that apply
   _____ Agriculture and Natural Resources
   _____ Community Development
   ___X__ Family and Consumer Sciences
   ___X__ 4-H Youth Development

5. Identify the impact area-related activities/projects/products that it is anticipated the intern will complete during the internship.
   Health & Wellness
   • Write a blog article (reviewed by Live Healthy Live Well team member) to post on Live Healthy Live Well blog (audience reach 7,000).
   • Teen Cooking Program – work with FCS educator and SNAP Ed program assistants on this series of six programs reaching youth in Pickaway County.
   • Kids Cooking Camp – work with FCS educator and program assistant on Kids Cooking Camp programs – 2 series of 3 programs each at the public library.
   • Matter of Balance- participate in this 8-session fall prevention program with FCS educator and library staff personnel. Assist with evaluations, registrations of this evidence-based program.
• Work with FCS educator to explore the evaluation questions in VITA and to develop simple evaluations that can capture this information for FCS programs.

Workforce Development
• County Plan of Work Project – “Adulting is Hard” program the intern with county team to develop a program for seniors in High School. This will be a refresher program targeting seniors in Pickaway County. All eighth graders in the county attend Real Money Real World programs and this effort will entail a shortened version – focusing on the next steps after graduation. Community partners include Pickaway WORKS and the Pickaway County public library. Work with county team to develop the project for implementation in 2019.
• 4-H Project judging – work with judges at the Clothing Project judging. At Style Revue, assist FCS educator with awards, ribbons, and present awards.
• Work with 4-H educator on Special Interest project judging and Food, Nutrition, & Creative Arts judging including awards, and ribbons.

6. List a minimum of six activities in which the intern will participate. These activities and meetings should be within the impact areas, across program areas and/or with the community or other professionals.
• Attend Family & Children First Council meeting on June 12, 2019
• Meet with Live Healthy Live Well team leaders to discuss the team projects.
• Meet with Style Revue Committee to plan the 2019 Style Revue at the fair.
• Prior to the fair, design the Style Revue program. Work with local volunteers and educators to decide and create theme for the Style Revue including decorations and set up/management of the program.
• At the county fair, assist and coordinate the set-up of the Style Revue.
• Meet with community partners and the Pickaway County staff to work on the County Plan of Work Project. Community partners include Pickaway WORKS staff and library personnel.
• Research information for the “Adulting is Hard” (County Plan of Work project).
• Meet with Pickaway County staff to plan food demonstrations for three series of youth cooking programs.
• Work with FCS educator on Cloverbud activities for the Pickaway County fair. At the fair, meet community partners on the designated dates, recruit participants for youth activities and distribute ribbons.
• Work with 4-H educator on project judging during fair week.

7. Briefly describe the length of experience of the educator who will mentor the intern and/or the experience of the supervising educator/county team members. Our goal is to ensure the intern has a meaningful educational experience in which the intern learns the value and contribution of the Extension system and the impacts we produce for our clientele.
Michelle Treber, FCS educator is the co-leader of the Live Healthy Live Well team and has been with OSU Extension for 10 years. She had a dietetic intern from OSU medical dietetics and had a successful internship experience with the student. She has extensive experience working with teams and SNAP Ed program assistants. She has been a mentor to new educators at least 4 times during her 10-year career.

Joy Sharpe, 4-H educator has been with OSU Extension for 23 years and has extensive experience working with youth through the 4-H program. She understands the Extension system. She will be able to share her positive work perspective with the intern.