

## Ohio State University Extension Internship Program Intern Work Plan – June 3 to August 9, 2019

1. **Location/County:** Pickaway County
2. **Supervisor of Intern:** Michelle Treber and Joy Sharp
3. **Supervisor email address:** [treber.1@osu.edu](mailto:treber.1@osu.edu) and [sharp.5@osu.edu](mailto:sharp.5@osu.edu)
4. **Identify the program and impact area(s) that will be the major focus of the intern.**  
**Impact Area(s) – check a maximum of two**
  - Health and Wellness
  - Workforce Development
  - Thriving Across the Life Span
  - Sustainable Food Systems
  - Engaged Ohioans, Vibrant Communities
  - Environmental Quality  
**Program Area(s) – check all that apply**
  - Agriculture and Natural Resources
  - Community Development
  - Family and Consumer Sciences
  - 4-H Youth Development
5. **Identify the impact area-related activities/projects/products that it is anticipated the intern will complete during the internship.**  
Health & Wellness
  - Write a blog article (reviewed by Live Healthy Live Well team member) to post on Live Healthy Live Well blog (audience reach 7,000).
  - Teen Cooking Program – work with FCS educator and SNAP Ed program assistants on this series of six programs reaching youth in Pickaway County.
  - Kids Cooking Camp – work with FCS educator and program assistant on Kids Cooking Camp programs – 2 series of 3 programs each at the public library.
  - Matter of Balance- participate in this 8-session fall prevention program with FCS educator and library staff personnel. Assist with evaluations, registrations of this evidence-based program.



- Work with FCS educator to explore the evaluation questions in VITA and to develop simple evaluations that can capture this information for FCS programs.

#### Workforce Development

- County Plan of Work Project – “Adulting is Hard” program the intern with county team to develop a program for seniors in High School. This will be a refresher program targeting seniors in Pickaway County. All eighth graders in the county attend Real Money Real World programs and this effort will entail a shortened version – focusing on the next steps after graduation. Community partners include Pickaway WORKS and the Pickaway County public library. Work with county team to develop the project for implementation in 2019.
- 4-H Project judging – work with judges at the Clothing Project judging. At Style Revue, assist FCS educator with awards, ribbons, and present awards.
- Work with 4-H educator on Special Interest project judging and Food, Nutrition, & Creative Arts judging including awards, and ribbons.

**6. List a minimum of six activities in which the intern will participate. These activities and meetings should be within the impact areas, across program areas and/or with the community or other professionals.**

- Attend Family & Children First Council meeting on June 12, 2019
- Meet with Live Healthy Live Well team leaders to discuss the team projects.
- Meet with Style Revue Committee to plan the 2019 Style Revue at the fair.
- Prior to the fair, design the Style Revue program. Work with local volunteers and educators to decide and create theme for the Style Revue including decorations and set up/management of the program.
- At the county fair, assist and coordinate the set-up of the Style Revue.
- Meet with community partners and the Pickaway County staff to work on the County Plan of Work Project. Community partners include Pickaway WORKS staff and library personnel.
- Research information for the “Adulting is Hard” (County Plan of Work project).
- Meet with Pickaway County staff to plan food demonstrations for three series of youth cooking programs.
- Work with FCS educator on Cloverbud activities for the Pickaway County fair. At the fair, meet community partners on the designated dates, recruit participants for youth activities and distribute ribbons.
- Work with 4-H educator on project judging during fair week.

**7. Briefly describe the length of experience of the educator who will mentor the intern and/or the experience of the supervising educator/county team members. Our goal is to ensure the intern has a meaningful educational experience in which the intern learns the value and contribution of the Extension system and the impacts we produce for our clientele.**

Michelle Treber, FCS educator is the co-leader of the Live Healthy Live Well team and has been with OSU Extension for 10 years. She had a dietetic intern from OSU medical dietetics and had a successful internship experience with the student. She has extensive experience working with teams and SNAP Ed program assistants. She has been a mentor to new educators at least 4 times during her 10-year career.

Joy Sharpe, 4-H educator has been with OSU Extension for 23 years and has extensive experience working with youth through the 4-H program. She understands the Extension system. She will be able to share her positive work perspective with the intern.